

Peach Cake

Canned peaches are available, sliced or in halves, packed either in sugar syrup or water.

Preparation time: 20 minutes

Cooking time: 30 to 35 minutes

Ingredients:

29 ounce can sliced peaches, light-syrup pack, drained and chopped

1/2 cup sugar

1 cup flour

1 egg

1 teaspoon baking soda

2 tablespoons vegetable oil

1 teaspoon vanilla

2 tablespoons brown sugar, firmly packed

2 teaspoons whole milk

Directions:

1. Preheat oven to 350 degrees and lightly grease 8 by 8-inch pan.
2. Spread peaches in baking pan. Mix remaining ingredients, except brown sugar and milk, together in mixing bowl; spread over top of peaches.
3. Bake until toothpick inserted into cake comes out clean, about 30 to 35 minutes.
4. For topping, combine brown sugar and milk in small bowl. Drizzle mixture on top of cake; return cake to oven, and bake 2 to 3 minutes.
5. Cut into 8 pieces.

8 Servings, about 2 by 2-inch piece each

Per serving:

- Calories 205
- Total fat 4 grams
- Saturated 1 grams
- Cholesterol 27 milligrams
- Sodium 171 milligrams

Courtesy of [*Fitness and Freebies Blog*](#)