



# McDonald's USA Gluten Free Menu Items

McDonald's provides a listing of popular menu items that are gluten free and contain no wheat, barley, oats or rye.

Beverages	Miscellaneous
Apple Juice	Apple Dippers and Low Fat Caramel Dip
Coffee	American Cheese
Hot Chocolate	Beef Patty (no bun)
1% Low Fat Milk, White or Chocolate	Breakfast Beef Steak
Orange Juice	Canadian Bacon
Soft Drinks	French Fries
Chocolate Triple Thick® Shake	Fruit 'n Yogurt Parfait (no granola)
Strawberry Triple Thick® Shake	Hash Browns
Vanilla Triple Thick® Shake	Ice Cream Sundaes including nuts
Condiments/Sauces	McFlurry® with M&M'S® Candies
Butter	Sausage
Chicken McNugget® Honey	Scrambled Egg
Chicken McNugget® Hot Mustard Sauce	Salads/Dressings
Hotcake Syrup	Caesar Salad w/o Chicken
Jam	Side Salad
Ketchup	Newman's Own® Creamy Caesar Dressing
Lettuce	Newman's Own® Cobb Dressing
Margarine	Newman's Own® Low Fat Balsamic Vinaigrette
Mayonnaise	Newman's Own® Ranch Dressing
Mustard	Newman's Own® Salsa
Onions	
Pickles	
Tartar Sauce	
Tomato	

**This list is effective 08-08-2005.**

McDonald's attempts to provide nutrition and ingredient information regarding its products that is as complete as possible. Some menu items may not be available at all restaurants; test products, test formulations or regional items have not been included. While the ingredient information is based on standard product formulations, variations may occur depending on the local supplier, the region of the country and the season of the year. Further, product formulations change periodically. Serving sizes may vary from quantity upon which the analysis was conducted. Serving size designation for beverages refers to total cup capacity; the actual amounts of beverage (and ice) may vary. No products are certified as vegetarian; all products may contain trace amounts of ingredients derived from animals. If you wish further information or have special sensitivities or dietary concerns regarding specific ingredients in specific menu items please call us at the number below. This listing is continuously updated in an attempt to reflect the current status of our products and may vary from printed materials.

McDonald's Quality & Nutrition Information

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